

# MEDICLINIC MIDDLE EAST RESEARCH



# MEDICLINIC MIDDLE EAST

MEDICLINIC WAS ESTABLISHED IN **STELLENBOSCH, SOUTH AFRICA IN 1983.**

MEDICLINIC HAS  
**3** INTERNATIONAL  
DIVISIONS



# MEDICLINIC MIDDLE EAST

MEDICLINIC MIDDLE EAST IS ONE OF THE

# LEADING

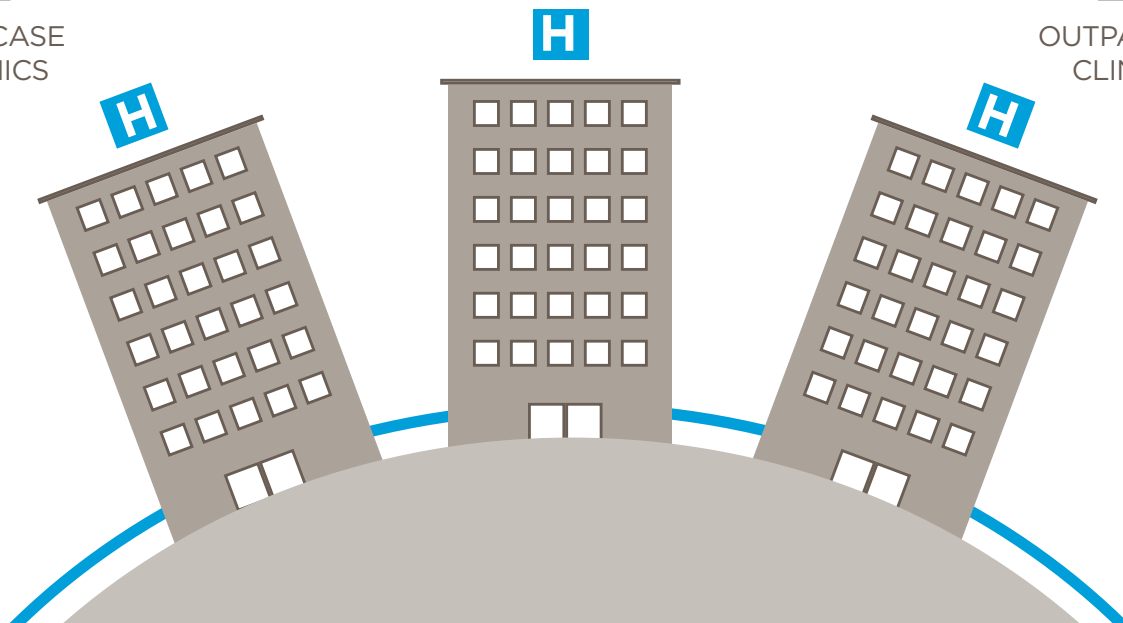
PRIVATE HEALTHCARE PROVIDERS IN THE UAE

- **7** HOSPITALS
- **21** OUTPATIENT CLINICS
- **2** DAY CASE CLINICS
- MORE THAN **900** INPATIENT BEDS
- MORE THAN **800** PHYSICIANS
- **WIDE RANGE** OF SPECIALITIES
- MORE THAN **1 MILLION PATIENTS** IN 2020
- **MORE THAN 240,000 PATIENTS** UNDER THE AGE OF 18 AND **910,000 PATIENTS** OVER THE AGE OF 18
- PATIENTS FROM DIFFERENT ETHNIC BACKGROUNDS, AND MORE THAN **180 NATIONALITIES**

**2**  
DAY CASE  
CLINICS

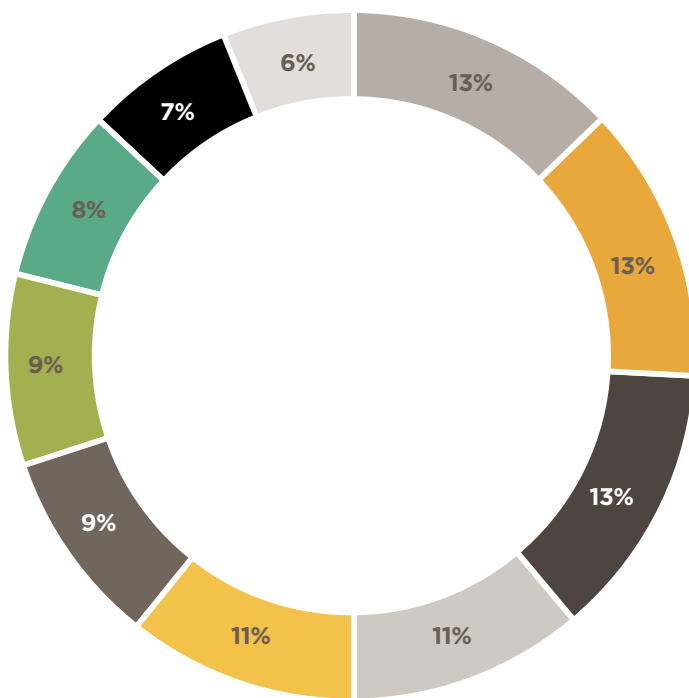
**7**  
HOSPITALS

**21**  
OUTPATIENT  
CLINICS



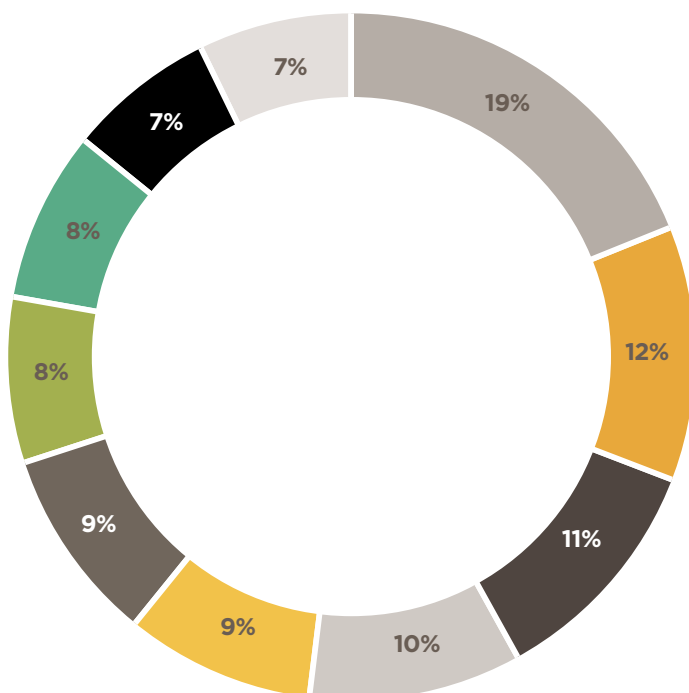
# MEDICLINIC MIDDLE EAST TOP 10 THERAPEUTIC AREAS

OUTPATIENT CONSULTATIONS - 2020



- GENERAL PRACTITIONER
- OBSTETRICS & GYNAECOLOGY
- PAEDIATRICS
- EMERGENCY MEDICINE
- FAMILY MEDICINE
- ENT
- DERMATOLOGY
- ORTHOPAEDICS
- INTERNAL MEDICINE
- OPTHALMOLOGY

INPATIENT ADMISSIONS - 2020



- OBSTETRICS & GYNAECOLOGY
- PAEDIATRICS
- GASTROENTEROLOGY
- GENERAL SURGERY
- INTERNAL MEDICINE
- ONCOLOGY
- NEONATOLOGY
- ORTHOPAEDICS
- ENT
- ONCOLOGY/HAEMATOLOGY

# MEDICLINIC MIDDLE EAST SERVICES



COMPREHENSIVE  
CANCER CENTRES



DEDICATED  
COVID-19 LABORATORIES



COMPREHENSIVE  
STROKE AND  
NEUROSCIENCE CENTRE



PATHOLOGY  
LABORATORIES



SLEEP  
LABORATORIES



**24/7**  
EMERGENCY UNITS



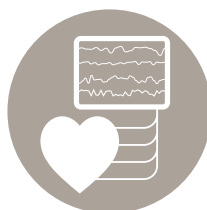
MRI, CT-SCAN, ULTRASOUND,  
MAMMOGRAPHY AND  
DIGITAL X-RAY



**24/7**  
PHARMACIES



PHYSIOTHERAPY UNITS  
(shock-wave therapy, manual  
therapy, exercise therapy,  
ultrasound, electric muscular  
stimulation)



SPECIAL INVESTIGATION FACILITIES  
(for echo doppler studies, lung  
infection tests, electro-encephalogram,  
urodynamic studies and lithotripsy  
services)

## MEDICLINIC MIDDLE EAST PROGRAMMES

- Robotic surgery programme
- Renal transplant programme
- Rezum programme
- **Newly integrated Electronic Health Record system connecting all patient records**
- **Telemedicine service**
- **Home delivery of medication**

# MEDICLINIC MIDDLE EAST RESEARCH OFFICE

## MEDICLINIC MIDDLE EAST RESEARCH CONFERENCES

Date	12/02/2017	11/08/2018	05/03/2019	27/05/2021 & 28/05/2021
<b>Podium Presentations</b>	8	19	20	19
<b>Poster Presentations</b>	10	28	19	30
<b>Participants</b>	70	179	237	700

## MCME RESEARCH AT A GLANCE:

### RESEARCH PROJECTS AT MEDICLINIC MIDDLE EAST

<b>52%</b>	Investigator initiated	<b>258</b>	Applications reviewed by MCME REC
<b>32%</b>	University students research	<b>115</b>	Scientific Publications
<b>21%</b>	Industry sponsored	<b>34</b>	Covid-19 research studies
<b>4%</b>	Grants and consortia		

## EXAMPLE OF CURRENT TRIALS RUNNING AT MEDICLINIC MIDDLE EAST:

- **Pembrolizumab and tamoxifen in ESR1 mutation positive patients (PEMBRO)**
  - Mediclinic City Hospital
  - Dr. Shaheenah Dawood (Oncologist)
  - Interventional study, phase II
- **AutoCart – All Autologous Cartilage Regeneration for the Treatment of Cartilage Defects in the Knee: A Prospective Case Series**
  - Mediclinic Parkview Hospital
  - Dr. Rik Kundra (Orthopaedic surgeon)
  - International, multicentre observational study
- **Non-interventional, multicenter, multiple cohort study investigating the outcomes and safety of atezolizumab under real-world conditions in patients treated in routine clinical practice - realec**
  - Mediclinic Airport Road Hospital & Mediclinic City Hospital
  - Dr. Zulfaqqar Ali & Dr. Shaheenah Dawood (Oncologist)
  - Non-interventional observational, multi-country cohort study

## MEDICLINIC MIDDLE EAST INFRASTRUCTURE FOR RESEARCH INCLUDE:

- Research office
- Research advisory group
- Financial workflows
- Research operation workflows
- Partnerships with TriNetx

# MEDICLINIC MIDDLE EAST RESEARCH OFFICE

- MoU with various universities in the UAE (e.g: Mohammed Bin Rashid University of Medicine and Health Sciences, United Arab Emirates University, Abu Dhabi University, Fatima College of Health Science, Khalifa University)
- Proposed research centres in the flagship hospitals (Mediclinic Airport Road Hospital & Mediclinic City Hospital)

## CORPORATE RESEARCH TEAM

### More than 100 research studies in the past five years

- **Provide methodological assistance to investigators**
  - Help investigators design their research project and carry it out methodologically while adhering to regulations
  - Help with submission to different regulatory authorities
  - Study the feasibility of the projects
  - Establish provisional budgets for research projects
  - Manage the allocated budgets and the administrative aspects of research
  - Assist principal investigators in drafting a response to calls for tenders
  - Inform the investigators of their commitments and obligations towards the sponsor in compliance with the Mediclinic Middle East Research policies
  - Provide resources, such as study coordinators, to help with patient recruitment
- **Project monitoring**
  - Set up, follow up, control the technical and regulatory quality of research at Mediclinic Middle East sites
- **Management of project data**
- **Participate in the coordination of research Mediclinic Middle East hospitals**

## MEDICLINIC MIDDLE EAST RESEARCH & ETHICS COMMITTEE

- Department of Health recognised group of 16 members designated to review and monitor research involving human subjects/data.
- Monthly submission review meeting

## MEDICLINIC MIDDLE EAST RESEARCH ADVISORY GROUP

- Provide guidance and strategic input to improve and increase research output at Mediclinic Middle East
- Monthly meetings

## CORPORATE RESEARCH OFFICE VISION

- To provide superior medical care to patients in the community supported by the latest research.

For more information, contact us on [MCME-ResearchOffice@mediclinic.ae](mailto:MCME-ResearchOffice@mediclinic.ae)

“It takes a team to make discoveries but Mediclinic Middle East Research office has taken this concept well beyond the traditional partnership between students, scientists and research support staff with its expertise in data research, project management, testing, and trials. MCME provides the highest international ethical and scientific standards in clinical trial operations. Our patients still need the largest amount of research we can do, so that we can continue to provide them with new interventions. After all, that is why our trial patients and their families know they can count on Mediclinic Middle East. No matter what we face, our team, will do whatever it takes to achieve the extraordinary. We will address obstacles, use them as opportunities to meet the needs of our patients and chart a path forward in unimaginable ways – all in the collective pursuit of our mission to improve the quality of healthcare.”

**Senior Corporate Medical Director - Dr Zakauallah Khan**

## DUBAI

MEDICLINIC WELCARE HOSPITAL  
MEDICLINIC PARKVIEW HOSPITAL  
MEDICLINIC ARABIAN RANCHES  
MEDICLINIC MEADOWS  
MEDICLINIC SPRINGS  
MEDICLINIC IBN BATTUTA  
MEDICLINIC ME'AISEM  
AL BARSHA DIALYSIS CENTRE

MEDICLINIC CITY HOSPITAL  
MEDICLINIC DUBAI MALL  
MEDICLINIC AL SUFOUH  
MEDICLINIC MIRDIF  
MEDICLINIC AL QUSAIS  
MEDICLINIC DEIRA  
AL TAWAR DIALYSIS CENTRE  
BOURN HALL FERTILITY CLINIC

## ABU DHABI AND AL DHAFRA REGION

MEDICLINIC AL NOOR HOSPITAL  
MEDICLINIC AIRPORT ROAD HOSPITAL  
MEDICLINIC KHALIFA CITY  
MEDICLINIC AL MAMORA  
MEDICLINIC BANIYAS  
MEDICLINIC AL MUSSAFAH  
MEDICLINIC MADINAT ZAYED  
BOURN HALL FERTILITY CLINIC

## AL AIN

MEDICLINIC AL JOWHARA HOSPITAL  
MEDICLINIC AL AIN HOSPITAL  
MEDICLINIC AL MADAR  
MEDICLINIC ZAKHER  
MEDICLINIC BAWADI  
MEDICLINIC AL YAHAR  
BOURN HALL FERTILITY CLINIC

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