

# FEEDING LOG

“X” a number each time the baby feeds, has a wet diaper or stool. More than the indicated number is fine. Call your health care provider if you are not meeting the minimums.

## Day 1

**Feed 8-12 times**

**Notes:**

Circle the hours

12 1 2 3 4 5 6 7 8 9 10 11 12 1 2 3 4 5 6 7 8 9 10 11

**Wet diapers** 1

**Black tarry stools** 1

## Day 2

**Feed 8-12 times**

**Notes:**

Circle the hours

12 1 2 3 4 5 6 7 8 9 10 11 12 1 2 3 4 5 6 7 8 9 10 11

**Wet diapers** 1 2

**Black tarry stools** 1 2

## Day 3

**Feed 8-12 times**

**Notes:**

Circle the hours

12 1 2 3 4 5 6 7 8 9 10 11 12 1 2 3 4 5 6 7 8 9 10 11

**Wet diapers** 1 2 3

**Black tarry stools** 1 2

## Day 4

**Feed 8-12 times**

**Notes:**

Circle the hours

12 1 2 3 4 5 6 7 8 9 10 11 12 1 2 3 4 5 6 7 8 9 10 11

**Wet diapers** 1 2 3 4

**Black tarry stools** 1 2 3

## Day 5

**Feed 8-12 times**

**Notes:**

Circle the hours

12 1 2 3 4 5 6 7 8 9 10 11 12 1 2 3 4 5 6 7 8 9 10 11

**Wet diapers** 1 2 3 4 5

**Black tarry stools** 1 2 3

## Day 6

**Feed 8-12 times**

**Notes:**

Circle the hours

12 1 2 3 4 5 6 7 8 9 10 11 12 1 2 3 4 5 6 7 8 9 10 11

**Wet diapers** 1 2 3 4 5 6

**Black tarry stools** 1 2 3

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## Day 7

**Feed 8-12 times**

**Notes:**

Circle the hours

12 1 2 3 4 5 6 7 8 9 10 11 12 1 2 3 4 5 6 7 8 9 10 11

**Wet diapers** 1 2 3 4 5 6

**Black tarry stools** 1 2 3

## Day 8

**Feed 8-12 times**

**Notes:**

Circle the hours

12 1 2 3 4 5 6 7 8 9 10 11 12 1 2 3 4 5 6 7 8 9 10 11

**Wet diapers** 1 2 3 4 5 6

**Black tarry stools** 1 2 3

## Day 9

**Feed 8-12 times**

**Notes:**

Circle the hours

12 1 2 3 4 5 6 7 8 9 10 11 12 1 2 3 4 5 6 7 8 9 10 11

**Wet diapers** 1 2 3 4 5 6

**Black tarry stools** 1 2 3

## Day 10

**Feed 8-12 times**

**Notes:**

Circle the hours

12 1 2 3 4 5 6 7 8 9 10 11 12 1 2 3 4 5 6 7 8 9 10 11

**Wet diapers** 1 2 3 4 5 6

**Black tarry stools** 1 2 3

## Day 11

**Feed 8-12 times**

**Notes:**

Circle the hours

12 1 2 3 4 5 6 7 8 9 10 11 12 1 2 3 4 5 6 7 8 9 10 11

**Wet diapers** 1 2 3 4 5 6

**Black tarry stools** 1 2 3

## Day 12

**Feed 8-12 times**

**Notes:**

Circle the hours

12 1 2 3 4 5 6 7 8 9 10 11 12 1 2 3 4 5 6 7 8 9 10 11

**Wet diapers** 1 2 3 4 5 6

**Black tarry stools** 1 2 3